



# INTERNATIONAL STUDENT RESOURCE BOOKLET

**2020-2021**



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# INTERNATIONAL Student Services Office

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## What is International Student Services?

International Student Services is here to serve our F-1 international students and their families. Our DSO's are dedicated in assisting and overseeing enrolled F1 students. The International Student Services Office is the main contact for international students who are on an F-1 visa here at Southeastern.

International Student Services is located in Stealey Hall and is part of the Admissions Office. We are happy to assist you in any way we are able. We can direct you to resources that will help you solve problems and answer questions, such as renewing your I-20s, getting a driver's license, understanding your lease, or even finding a bank. We understand that you are in a completely new culture and environment, so we are here to help you!

For general F-1 student related questions or for anything related to your finances, legal status, or related to relational, spiritual, and daily living matters, please contact Samantha Couick.



### **Samantha Couick**

International Admissions Coordinator

[scouick@sebts.edu](mailto:scouick@sebts.edu)

919-761-2322

*Samantha is a Wake Forest native and has spent time living overseas. She earned her undergraduate degree in Global Studies from The College at Southeastern. Samantha is married to Bradley, and together they serve at a rural church in northern North Carolina.*

# SEBTS Phone Numbers

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<b>Accounting Services</b>	(919)761-2207
<b>Campus Security</b>	(919)761-2206
<b>Counseling Center</b>	(919)761-2304
<b>Facilities/Maintenance</b>	(919)761-2420
<b>After-Hours Maintenance</b>	(919)761-1781
<b>Financial Aid</b>	(919)761-2317
<b>Health Center</b>	(919)569-0003
<b>International Office</b>	(919)761-2324
<b>Ledford Front Desk</b>	(919)761-2300
<b>Library</b>	(919)761-2251
<b>The Locker</b>	(919)761-2183
<b>Magnolia Kitchen</b>	(919)761-2170
<b>Main Campus Switchboard</b>	(919)761-2100
<b>Registrar</b>	(919)761-2215
<b>Share Shop</b>	(919)761-2149
<b>Student Employment</b>	(919)761-2373

# CAMPUS Services

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## **Accounting Services**

The Accounting Services Office is located in Stealey Hall and is open from 8:00-5:00 (M-Th) and 8:00-4:00 on Fridays. This is where you will go to pay your campus housing rent and other student account fees.

## **Chapel**

Chapel is held on Tuesdays and Thursdays each week that school is in session. It begins at 10:30AM in Binkley Chapel. For a listing of upcoming chapel speakers, visit [sebts.edu](http://sebts.edu).

## **Health Center**

Southeastern offers an on-campus Health Center directed by a physician for students, faculty, and staff as well as their families. The Health Center also offers massage therapy and chiropractic services. The Health Center is located on Rock Springs Road across from Wake Forest High School.

## **Ledford Student Center**

The Ledford Student Center is the campus recreational center for students and their families. To use the various recreational services, you need to present your Student ID card or dependent ID card at the front desk. There are age requirements for certain areas.

## **The Locker**

The Locker sells Southeastern merchandise and is located in the Ledford Center. You can purchase Southeastern shirts, jackets, shorts, hats, notebooks, and more. The Locker's hours of operation are 8:00-4:00 (M-F).

## **Magnolia Kitchen**

Magnolia Kitchen is the campus dining area and is conveniently located in the Ledford Student Center. Meal plans are available as well as purchasing individual meals and grab-and-go options.

## **Share Shop**

The Share Shop is located across from Wake Forest High School behind the Health Center. It is designed to distribute donated clothing, household appliances and accessories, toys, and more to SEBTS college and seminary families free of charge.

## **Student Resources & Financial Aid**

The Student Resources and Financial Aid Office can provide assistance with student employment, military benefits, and financial aid.

# LOCAL Churches

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## **Bay Leaf Baptist Church**

12200 BayLeaf Church Rd. Raleigh, NC  
(919) 847-4477  
[www.bayleaf.org](http://www.bayleaf.org)

## **Faith Baptist Church**

249 Holden Rd. Youngsville, NC  
(919) 556-3420  
[www.faithnc.org](http://www.faithnc.org)

## **Exchange Church**

307 S Main St, Rolesville, NC 27571  
(919) 694-3924  
[life@exchangenc.org](mailto:life@exchangenc.org)

## **Mt. Vernon Baptist Church**

7600 Falls of Neuse Rd. Raleigh, NC  
(919) 847-0160  
[www.mvbcraleigh.com](http://www.mvbcraleigh.com)

## **North Wake**

1212 S. Main St. Wake Forest, NC  
(919) 556-1546  
[www.northwake.com](http://www.northwake.com)

## **Open Door**

9801 Durant Rd. Raleigh, NC  
(919) 847-6969  
[www.opendoorlife.com](http://www.opendoorlife.com)

## **Richland Creek**

3229 Burlington Mills Rd. Raleigh, NC  
(919) 556-9292  
[www.richlandcreek.com](http://www.richlandcreek.com)

## **Summit Church**

3901 Capital Hills Dr, Raleigh, NC 27616  
(919) 383-7100  
<https://summitchurch.com/>

## **Wake Crossroads**

3328 Forestville Rd., Raleigh, NC  
(919) 266-2957  
[www.wakecrossroads.com](http://www.wakecrossroads.com)

## **Imago Dei Church**

9200 Strickland Rd, Raleigh, NC 27615  
919-435-2334  
[www.idcraleigh.com](http://www.idcraleigh.com)

*This is not an exhaustive list of churches in the area.*

# LOCAL Services

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## Banking

One of the most important things you should do is to open a bank account. It is not wise to carry large amounts of cash with you. Compare services and fees before you open an account locally. Remember to ask about the arrangements for transferring funds overseas since some banks can accommodate this better than others.

Required documents to set up a bank account:

- Passport
- I-20 or DS-2019
- Letter stating proof of residence

With your bank account you can apply for an ATM card, which will give you access to a vast number of 24-hour Automated Teller Machines. You will be given a Personal Identification Number (PIN) to use when accessing your account; memorize it and do not give it to anyone. These machines can be found at banks or shopping centers and are a useful way of withdrawing cash from your account.

Be sure to bring enough cash and/or traveler's checks to see you through the first few weeks as you wait for your bank account to open.

Local banks in the area:

### **BB&T**

12213 Capital Blvd. Wake Forest, NC 27587

### **Capital Bank**

12217 Capital Blvd. Wake Forest, NC 27587

### **Fidelity Bank**

231 S. White St. Wake Forest, NC 27587

### **PNC**

14400 Falls of Neuse Rd. Raleigh, NC 27614

### **SunTrust Bank**

13620 Capital Blvd, Wake Forest, NC 27587

### **Wells Fargo**

3600 Rogers Rd, Wake Forest, NC 27587



# LOCAL Services

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## Social Security Number

**Social Security Card:** The Social Security card identifies wage earners for tax purposes and this number is often used as a general ID number for opening new accounts and services. It is also the number used to track your credit history in the U.S. You must wait 10-14 days after arrival in the U.S. before you apply for the Social Security card. Visit the Social Security Administration's website at [www.ssa.gov](http://www.ssa.gov) for more information.

To get a Social Security Card, you must bring:

- Proof of age (such as birth certificate)
- I-20 or DS-2019
- Visa, I-94, Passport
- Letter from the Enrollment Office stating your student status

Address:

Social Security Office  
4701 Old Wake Forest Road. Raleigh, NC 27609  
(877) 803-6311 | <https://www.ssa.gov/>

## Driver's License

If you have a valid driver's license from your country and an International Driving Permit, you may drive a car belonging to you or someone else for up to one year without getting a North Carolina Driver's License, as long as your license remains valid and the vehicle's insurance policy includes your name. The process of obtaining a North Carolina driver's license can take many weeks.

To obtain a driver's license, you must do the following:

- Go to the Driver License Center and take with you a social security card—or a letter from Social Security stating they denied you a Social Security card—and birth certificate or passport.
- You will be asked to take a computer test on the contents of the manual. If you answer the required questions correctly and pass the vision test, you will be issued either a temporary license or a learner's permit.
- Finally, you will be required to take a practical driving test before you are issued a permanent license.

DMV Locations:

2431 Spring Forest Rd. Raleigh, NC 27615  
(877) 855-6877  
<http://www.dmv.org/nc-north-carolina/>

90 Tanglewood Dr. Louisburg, NC 27549  
(877) 496-2590  
<https://www.ncdot.gov/>



# MEDICAL Services

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## Hospitals

### **Duke Raleigh Hospital**

3400 Wake Forest Rd. Raleigh, NC 27609  
(919) 954-3000

### **REX Healthcare - Main Campus**

4420 Lake Boone Trail Raleigh, NC 27607  
(919) 784-4552

### **WakeMed - Raleigh Campus**

3000 New Bern Ave. Raleigh, NC 27610  
(919) 350-8000

### **WakeMed North Healthplex - North Raleigh**

10000 Falls of Neuse Rd. Raleigh, NC 27614  
(919) 350-1300

## Urgent Care & Family Care

### **Heritage Family Care**

123 Capcom Ave. Suite 9  
Wake Forest, NC 27587  
(919) 570-3090

### **Village Family Care**

1964 S. Main St. Wake Forest, NC 27587  
(919) 562-2288

### **Wake Forest Urgent Care**

2115-A S. Main St. Wake Forest, NC 27587  
(919) 570-2000

### **Wakefield Medical Care**

10831 Forest Pines Dr. Raleigh, NC 27614  
(919) 488-8066

## Pharmacies

### **CVS Pharmacy**

102 N. White St. Wake Forest, NC

### **Walgreens**

941 Durham Rd. Wake Forest, NC

### **Walmart Pharmacy**

2114 S. Main St. Wake Forest, NC



# GROCERY Stores

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**Aldi**

2132 S. Main St. Wake Forest, NC 27587

**Caspian International Food Mart**

2909 Brentwood Rd., Raleigh, NC 27604

**Petra Supermarket**

6089 Capital Blvd, Raleigh, NC 27616

**Food Lion**

161 Crenshaw Corners Dr, Wake Forest, NC 27587

**Harris Teeter**

13686 Capital Blvd. Wake Forest, NC 27587  
3638 Rogers Rd. Heritage Lake, Wake Forest, NC 27587

**Taiba Halal Market**

1008 W Chapel Hill St, Durham, NC 27701

**Lidl**

1120 S. Main St. Wake Forest, NC 27587

**Lowe's Foods**

12524 Capital Blvd. Wake Forest, NC 27587  
932 Gateway Commons Cir. Wake Forest, NC 27587

**Sprouts**

9414 Falls of Nuese Rd. Raleigh, NC 27615

**Target**

12000 Retail Dr. Wake Forest, NC 27587

**Walmart**

2114 S. Main St. Wake Forest, NC 27587

**H Mart**

1961 High House Rd, Cary, NC 27519

**Kim's Asian Market & Restaurant**

6014 Duraleigh Rd, Raleigh, NC 27612

**Patel Brothers**

802 E Chatham St Cary, NC 27511

**Around the World Market**

6715 Hillsborough St. Raleigh, NC 27606

**La Potosina**

406 US-1, Youngsville, NC 27596

**International Foods**

2215 New Hope Church Rd, Raleigh, NC 27604

**El Mandado**

4020 Capital Blvd, Raleigh, NC 27604

**Compare Foods**

2000 Avondale Dr A, Durham, NC 27704

**Grand Asia Market**

1253 Buck Jones Rd, Raleigh, NC 27606

**Interfood Plaza Latina**

1689 N Market Dr. Suite D, Raleigh, NC 27609

*This is not an exhaustive list of grocery stores.*

## LOCAL Dining

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**Asian Bistro**

1318 S. Main St. Wake Forest, NC 27587

**Flame Kabob**

7961 Skyland Ridge Parkway, Suite 110,  
Raleigh, NC 27617

**Las Margaritas Mexican Restaurant**

111 S. White St. Wake Forest, NC 27587

**Olive Garden**

12600 Capital Blvd. Wake Forest, NC 27587

**Al-Madina Grocery Store**

1019 Method Rd, Raleigh, NC 27606

**Smithfield's Chicken 'N Bar-B-Q**

12504 Capital Blvd. Wake Forest, NC 27587

**Shorty's Hot Dogs**

214 S. White St. Wake Forest, NC 27587

**Showmar's**

1009 Stadium Dr, Wake Forest, NC 27587

**Tlaquepaque**

11206 Capital Blvd. Wake Forest, NC 27587

**Tropical Picken Chicken**

109 Capcom Ave #6515, Wake Forest, NC  
27587

**Inter Korea House**

4731 Nc Hwy 55Durham, NC 27713

**Bawarchi Biryani Point**

9601 Chapel Hill RdMorrisville, NC 27560

**Pho Super 9**

6401 Plantation Center Dr #111, Raleigh, NC  
27616

**Sushi Siam**

928 Gateway Commons Cir, Wake Forest, NC  
27587

**Thai Cafe**

3309 Rogers Rd, Wake Forest, NC 27587

**Dharani Express**

3281 Avent Ferry Rd Ste 117 Raleigh, NC  
27606

**Empanada Factory**

2010 S Main St #406, Wake Forest, NC 27587

**Alpaca**

4614 Capital Blvd, Raleigh, NC 27604

**Caribbean Cafe**

2645 E Millbrook Rd, Raleigh, NC 27604

**Korean Kitchen**

2101 S Main St #100, Wake Forest, NC 27587

**Curry House**

2101 S Main St #116, Wake Forest, NC 27587

*This is not an exhaustive list of restaurants.*

## LOCAL Attractions

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### **Marbles Kids Museum**

201 E. Hargett St. Raleigh, NC 27601  
Friday- Wednesday: 9:00am-5:00pm  
Thursday: 9:00am-7:00pm

### **Marquee Cinema**

10600 Common Oaks Dr. Raleigh, NC 27614

### **North Carolina State Fair**

1025 Blue Ridge Rd, Raleigh, NC 27607  
Dates: October 15-25, 2020  
October 14-24, 2021  
October 13-23, 2022

### **North Carolina Farmer's Market**

1201 Agriculture St. Raleigh, NC 27603  
Monday-Saturday: 5:00am-6:00pm  
Sunday: 8:00am-6:00pm

### **North Carolina Museum of Art**

2110 Blue Ridge Rd. Raleigh, NC 27607  
Tuesday-Thursday: 10:00am-5:00pm  
Friday: 10:00am-9:00pm  
Saturday-Sunday: 12:00pm-5:00pm

### **North Carolina Museum of History**

5 S. Edenton St. Raleigh, NC 27601  
Monday-Saturday: 9:00am-5:00pm  
Sunday: 12:00pm-5:00pm

### **North Carolina Museum of Natural Sciences**

11 W. Jones St. Raleigh, NC 27601  
Monday-Saturday: 9:00am-5:00pm  
Sunday: 12:00pm-5:00pm

### **Triangle Town Center Mall**

5959 Triangle Town Blvd. Raleigh, NC 27616  
Monday-Saturday: 10:00am-9:00pm  
Sunday: 12:00pm-6:00pm

### **Wake Forest Farmer's Market**

405 Brooks St. Wake Forest, NC 27587  
Saturday 10:00am-12:00pm

## LOCAL Recreation

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### **Brooks Street Bowl**

413 Brooks St. Wake Forest, NC  
Bowling

### **E. Carroll Joyner Park**

701 Harris Rd. Wake Forest, NC  
Trails, open areas, etc.

### **Falls Lake Recreation Area**

13304 Creedmore Rd. Wake Forest, NC  
Hiking, biking, swimming

### **Galaxy Fun Park**

14460 Falls of Neuse Rd. Raleigh, NC  
Trampoline park

### **Holding Park**

133 W. Owen Ave. Wake Forest, NC  
Playground, picnic areas, pool

### **J. B. Flaherty Park**

1226 N. White St. Wake Forest, NC  
Playground, picnic areas, etc.

### **Taylor Street Park Sprayground**

416 N. Taylor St. Wake Forest, NC  
Playground, picnic areas, water play areas

### **Tyler Run Park**

830 Pine View Dr. Wake Forest, NC  
Playground, picnic areas, etc.

### **Ledford Student Center**

On campus at SEBTS

Fitness Rooms

Racquetball Room

Basketball Courts

Disc Golf Course

Game Room: Pool, Air Hockey, Foosball,

Ping Pong, Other Games



# SCHOOL Information

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Your child will be in the Wake County Public Schools district. For information regarding which school your child must attend can be obtained by calling 919-533-7169 or visiting their website at <http://www.wcpss.net/>.

A lot of helpful information regarding the school system, registration/enrollment process, and other information about the school they will be attending can be found on the Wake County Public Schools website as well as the website for the school that your child/children will be attending.

Here is a list of the public schools assigned to campus housing:

## ***Duplexes, McDowell, & Fletcher:***

### **Wake Forest Elementary School**

136 W Sycamore Ave, Wake Forest, NC  
(919) 554-8655

### **Wake Forest Middle School**

1800 S Main St., Wake Forest, NC  
(919) 554-8440

### **Wake Forest High School**

420 W Stadium Ave, Wake Forest, NC  
(919) 554- 8611

## ***Flaherty Farms:***

### **Heritage Elementary School**

3500 Rogers Rd., Wake Forest, NC  
(919) 562-6000

### **Heritage Middle School**

3400 Rogers Rd., Wake Forest, NC  
(919) 562-6204

### **Wake Forest High School**

420 W Stadium Ave, Ave, Wake Forest, NC  
(919) 554-8611

There are options for private and charter schools. More information on these schools can be found by searching online. Below is a list of charter schools that many of our families choose to send their children to:

### **Thales Academy**

3106 Heritage Trade Dr, Wake Forest, NC  
(919) 453-6415

### **Franklin Academy**

648 Flaherty Ave, Wake Forest, NC  
(919) 435- 5090

### **Endeavor Charter School**

4879 1 World Way, Wake Forest, NC  
(919) 848-0333

# UNITED STATES Holidays

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There are many different American holidays. Some days are considered “official holidays” when businesses and schools are closed; others are celebrations or occasions noted by decorations or special greetings. Southeastern does not close for all “official holidays.”

## **Legal Holidays Observed at Southeastern:**

Make sure to check the academic calendar available at [campusnet.sebts.edu](http://campusnet.sebts.edu) to confirm when offices are closed or classes are not held.

- Christmas Eve, December 24th
- Christmas Day, December 25th
- New Year’s Day, January 1st
- Martin Luther King, Jr. Day, third Monday in January
- Good Friday, the Friday before Easter
- Memorial Day, the last Monday in May
- Independence Day, July 4th
- Labor Day, first Monday in September
- Thanksgiving Day, 4th Thursday in November

The following page contains information about the significance and traditions behind many major United States holidays.



# UNITED STATES Holidays

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*Primary holidays celebrated in the U.S. (Official holidays are marked with an \*):*

\* **New Year's Day, January 1**, is an official holiday when most Americans relax or watch major football games. Many think about changes they'd like to make during the coming year, and make "New Year's Resolutions."

\* **Martin Luther King, Jr.'s Birthday, January 15**, observed the third Monday in January, it honors the leader of the civil-rights movement in America during the 1960's.

**Valentine's Day, February 14**, honors sweethearts and romance.

**Good Friday, Friday before Easter**, some businesses close and churches have services.

**Easter Sunday, varies in date from late March to late April**. Many churches have a "Sunrise Service" early in the morning. Families celebrate with worship and Easter egg hunts for children.

**Mother's Day, the second Sunday in May**, is for honoring moms, usually with cards and gifts.

\* **Memorial Day, the fourth Monday in May**, Americans remember those who have died in military service to their country.

**Father's Day, the third Sunday in June**, is for honoring dads, usually with cards and gifts.

\* **Independence Day, the Fourth of July**, commemorates the day the Declaration of Independence was signed in Philadelphia on July 4, 1776. Usually considered the birthday of the nation, it is celebrated all over the country with picnics, community events, and fireworks displays.

\* **Labor Day, the first Monday in September**, recognizes the labor movement's contribution to the productivity of the country. Signals the end of the summer.

\* **Thanksgiving Day, the fourth Thursday in November**, celebrates the first "Thanksgiving Day" of the Pilgrims at Plymouth Colony in Massachusetts in 1621. It is a big day for Americans to get together with family and friends.

\* **Christmas Eve, December 24**, most businesses close at noon so that people can travel or prepare for the celebration of Christmas.

\* **Christmas Day, December 25**, celebrated by most Americans. Schools and businesses close.

**New Year's Eve, December 31**, celebrated as a time to welcome the New Year.

# UNITED STATES *Culture and Values*

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It is important to venture out of your own cultural group and make new friendships. Here are a few helpful things to know!

## **Eye contact**

Eye contact is regarded as a sign of respect and attentiveness. When speaking with individuals, look them in the eye. Constantly looking away can imply disinterest, dishonesty, or lack of self-confidence. Watch the other person for signs and mirror them.

## **Hand holding**

This usually means that the people have a romantic involvement, unless it is an adult holding a child's hand. Americans tend not to hold hands or link arms with friends or relatives.

## **Hugging**

Hugging between Americans can be a sign of affection, friendship, or even a greeting. It is more common to hug someone who is a friend, rather than someone you just met. You are not expected to hug friends or someone you just met. If you are not comfortable hugging, you do not need to. You can let others initiate.

## **Personal Space**

Americans typically do not like crowds very much. They usually stand about 2-3 feet (one meter) away from each other. Try to remember not to stand too close, and to form lines when waiting in the queue.

## **Personal Hygiene**

Americans have a saying: "Cleanliness is next to godliness." There is great value placed on a clean appearance and lack of strong body odors. Americans, like many other cultural groups, generally bathe or shower daily, brush their teeth at least twice a day, and use deodorant. They tend to keep their homes clean.

## **Time**

International students are often surprised at the degree of scheduling of appointments or visits done in the U.S. When invited to a person's home, it is generally expected that a guest will come at the time indicated, or within 10 minutes. If the appointment is a business or other meeting, one is expected at the time set, if not 5-10 minutes early. If one knows that they will be late, it is considered polite to call to let the host know when you will arrive, or if you are able to be at the appointment.



# UNITED STATES Culture *and* Values

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## **Respect for elders**

The Millennial generation has shown to respect their elders more than previous generations. However, respect for the elderly is not as highly valued in American culture as it is in other cultures.

## **American humor**

Typically it focuses on everyday situations and might include cultural references that require some background to understand. It can be subtle and more physical than humor in other countries. Some Americans tend to use sarcasm in their humor and everyday conversations.

## **Tipping**

It is customary to tip service workers with money in addition to the bill and taxes. In restaurants where food is served to the table, the tip is the majority of the worker's pay. 15% recognizes adequate service, 20% implies good services, and 25% implies excellent service. Leaving no tip or a very small one can be seen as an insult or a complaint. Some restaurants will automatically add gratuity (tip) to a bill with over 6 people in the party.



# THINGS to Know

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- 1. Notify your International Advisor or office if you make changes to your address, study plans, or visa status. Please give at least 48 business hours for any paperwork to be completed. If you need your I-20 signed for travel, contact the International Student Office at least two weeks before your departure.**
- 2. Your professors are here to help.** Introduce yourself to your professors, ask questions, visit during office hours, and make sure they know your name. Be sincere in showing your efforts in the classroom. Typically you can ask questions about assignments before or after class, but emailing the professor will also be a great way to communicate.
- 3. Get set up.** Open a bank account, get a cell phone plan, purchase a computer if needed. It is important to tackle these items as soon as you arrive. Applying for a Social Security Card also makes doing all these things easier, though it is not a requirement.
- 4. Do your research before picking classes.** Before you choose your classes, make sure to always consult with your adviser to see which courses and electives work best to complete your degree.
- 5. Get your driver's license.** Even if you do not need to buy a car right away, having a driver's license is important in the US. Check with your state's DMV laws first. Once you pass the written test, you will get a temporary permit and be allowed to drive with licensed friends or adults. Depending on the state, the permit will be a requirement for a certain period of time, and then you can schedule driving school classes or your driver's test.
- 6. Invest in good seasonal clothing.** North Carolina has very drastic seasons that you will want to be prepared for. The summer months can get up to 110°F (43.3°C) and the winter can get as cold as 10°F (-12.2°C).
- 7. The college and seminary classes** are places that most professors strive for collaboration. Professors encourage participation.
- 8. What's the easiest way to learn English in America?** Make a friend! Do not be afraid to practice your English with a new friend.

# NOTES

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## **International Student Services**

Stealey Hall 202  
244 N. Wingate Street  
Wake Forest, NC 27587-1889

### **Samantha Couick**

International Student Services Coordinator, PDSO  
Stealey Hall 202  
scouick@sebts.edu  
(919) 761-2324  
M-Th: 8am - 5pm | F: 8am - 4pm

*Please contact the ISS Office to set up a meeting.*

